

Cue's & Cue Words

Choose some words that will help you to focus on thoughts that you want to remember in a skill:

Skill Related Cue Words

Example :

shuffleto remember to side-step to move to a ball to my left or right

crosto remember to use the cross-step to get a ball to the side

Cue WordSkill _____

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Why are Cue words important in a game?

What kind of physical, mental or technical cues can you pick up from the opponents to help you?

ie: opponent is tiring	_____	advantage: play more aggressively to take advantage	_____
_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____